

MOORE STREET SURGERY

TEL: 0151 944 1066

www.moorestreetsurgery.nhs.uk

FAX : 0151 933 4715



August 2022

Please note: The surgery will be closed from 12:30pm on Wednesday 17th August for staff training.

Appointments

Face-to-face appointments are available at the surgery to all where there is a clinical need.

Please contact us via phone or online to begin with

IMPORTANT NOTICE - COVID 19

If you have symptoms associated with COVID-19 including a **new continuous cough, a high temperature or loss or change to your sense of smell or taste**, you SHOULD NOT visit a healthcare setting. **PLEASE DO NOT COME TO SURGERY.**

While you're no longer required by law to self-isolate if you have COVID-19, you should still stay at home and avoid contact with other people. This helps reduce the chance of passing COVID-19 on to others.

Access to Food Initiative



Sefton CVS are working in partnership with Sefton Council to coordinate a network of community venues and local organisations to offer children, young people and families access to food during the school holidays – especially those who would normally be in receipt of free school meals during term time.

The Access To Food initiative is available to all regardless of income throughout the school holidays, and we hope this offer will complement the service being provided by Sefton Council's Family Wellbeing Centres in the South, Central and North localities.

To find out more visit <https://seftoncv.org.uk/access-to-food/>

Sefton School Nurses

Young people in Sefton have been reminded to reach out to their school nurse and use the text messaging service from Mersey Care NHS Foundation Trust if they need help, advice or support this summer.



Any Sefton residents aged 11 to 19 – even if they have left school - can message their school nurse for confidential help and advice about a range of issues including emotional health, sexual health, relationships, alcohol, drugs, and bullying.

Text messaging is available Monday to Friday (excluding bank holidays) from 9am to 4.30pm.

Each message sent to the dedicated number, **07312 263291**, will receive an automated message and a reply within 24 working hours.

Contact Details

Can we please remind all patients to ensure the surgery has your up to date name, number and address. This will make it easier for us to contact you when necessary.

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999 BSL



999 BSL is a new emergency VRS service for Deaf BSL users to contact the emergency services through an interpreter.

This service allows deaf patients and hearing individuals to communicate from separate locations and attain the services they require. A deaf person can use their various endpoints (smartphone via an app or, tablets / laptops web-based) to initiate a call to the emergency authority, through a remote British Sign Language (BSL) interpreter appearing on their screen.

The service is: Free to use, Available 24/7, Website, IOS or Android, Emergencies ONLY

10 Minute Shake Up

Beat summer holiday boredom with these FREE Disney inspired games! Better Health has teamed up with Disney again to bring you a series of fun games that will help to keep kids active.



Find plenty of fun games by searching: <https://www.nhs.uk/healthier-families/activities/10-minute-shake-up/>

#10MinuteShakeUp

World Breastfeeding Awareness Week



There is support available for new and expectant mums at Breastfeeding Support Sefton.

The service offers a range of support including phone, one to one and group sessions. You can find out more about the service by visiting <https://www.merseycare.nhs.uk/our-services/south-sefton/breastfeeding-support-team>

If you are pregnant or a new mum and need any support or information, you can speak to a member of staff between 9am and 5pm Monday to Friday at Breastfeeding Support Sefton.

Tel: **07921 388 535** and **0151 291 8010**

Care at the Chemist in Sefton

 No need to visit your GP practice

Get advice and treatment from a health professional for a wide range of everyday illnesses and ailments

